



GRADUATE SCHOOL OF MANAGEMENT STUDIES

GUJARAT TECHNOLOGICAL UNIVERSITY

Report on International Youth Summit, Hyderabad

International Youth Summit was organized at Hyderabad. The venue was the Kanha Shanti Vanam, Hyderabad, India. This youth summit was for three days. The main theme of this youth summit was “Rising with Kindness” which means to refocus on our attention on the many invisible acts of kindness and unity.

The Rising with Kindness event was organized so that the youth delegates can together develop a ‘Kindness Statement’, share kindness stories, showcase their Kindness projects, and learn to scale or organize their impact.

Impact areas of the Kindness projects was ‘Self’ which can be improved by yoga, poetry and meditation. The other one was ‘Nature’, improvement in nature by planting trees, zero waste and climate activism. And the last area covered was the ‘Social Networking’ which was done by communicating with each other with kindness and calmness and also help other by the empathetic leadership.

The Kanha Shanti Vanam is The World’s Largest Meditation Center. Wellness Center offers meditation and relaxation techniques to all. Kanha has now 9 Lakh trees and a nursery of 6 lakhs saplings, including 50 rare and endangered species

Summit was of three days 12 August,2022 to 14 August,2022. A lots of activities of kindness was done there. Every day at Kanha start at 6 o’ Clock early morning with the yoga and meditation where all together and there were around 10,000 plus delegates who all together do yoga and meditation. After the yoga and meditation, all the delegates went for the Kanha tour where we all saw beauty and nature of Kanha Shanti Vanam, it was maintained and managed so perfectly that every single individual was taking care of the surroundings and of the nature. In line with this next activity we did was of Tree plantation were all the delegates together plant trees at Kanha. We all have also celebrated 15 August Independence Day at Kanha Shanti Vanam. Many great speakers were come to enlighten the youth about the kindness, to rise with kindness and had gave a speech on HeartFulness, which taught us to be kind inside out and see the world in a new way and spread the positivity. There were also management games for the youth delegates in which every youth delegates participate every actively.

The journey at the Kanha Shanti Vanam helps to discover the new human being within ourselves. By attending “International Youth Summit-Rising with Kindness”, it helps to spread kindness

practices in society and also to the environment. At Kanha, we all delegates learnt ‘The HeartFulness Way’ which starts from yoga and meditation, embrace the qualities such as acceptance, love and humanity.

It was a great opportunity for us to represent our college **Graduate School of Management Studies-GTU** at Kanha Shanti Vanam, where we were inspired by the personal wellness, kindness and sustainable development and also get a chance to explore and to do networking with the youth leaders.

Glimpse of Kanha Shanti Vanam



Celebration of Independence Day and Tree Plantation



