



**GRADUATE SCHOOL OF MANAGEMENT STUDIES**  
**GUJARAT TECHNOLOGICAL UNIVERSITY**

*“Awareness Visit to different Centers and  
Facilities of GTU”*

*Date: 15<sup>th</sup> December 2022*

To aware the first-year students about the facilities provided by Gujarat Technological University, an awareness visit was organized for the **GSMS first semester BBA and MBA students**. The main aim of the visit was that students can take the maximum benefits of available facilities. The students visited Dharohar Centre, Central Library, Dispensary, Samvad – The Happiness Centre, Medicinal Plants Garden and Major Dhyani Chand gym.

*Dharohar Centre*

To begin the visit, all the students of GSMS assembled at the Acharya Chanakya Hall of academic block – 4. **Dr. Shruti Anerao, Section Head of Dharohar – GTU Centre for Indian Knowledge System (GCIKS)** provided information about the Dharohar center and its courses / programs related to Indian culture, Indian philosophy, Indian thoughts, Indian ideology, Ancient Indian Knowledge, Modern Indian Cultural Philosophy etc.



### *Central Library*



Next, all the students visited the Central Library, where **Mr. Chintan Vasava, Assistant Librarian** explained about the facilities such as: Software, Kindle, many educations related and other different category

books, magazines, journals available in the GTU library. He also informed students about library timings and reading room.

## *Dispensary*

Then, all the students visited the dispensary of Gujarat Technological University and met the Consulting Doctor. He explained various facilities available at Dispensary.



- Consulting and Medication Facility is provided to all students, staff, and their family members free of cost.
- Facility of Medical equipment like wheelchair, walker, stick, oxygen bottle, air bed, Hot water bag, Nebulizer etc. are also provided free of cost.
- Testing of Blood Sugar, Blood Pressure, Oxygen Level etc. is also available.
- Different type of Ayurveda & Homeopathic precautionary medicines were/are also distributed among students, staff, and their family members to improve immunity against corona virus.
- Routine medical health check-up is also done every year for the staff members.

## *Samvad - The Happiness Centre*

**Ms. Manisha Gauniyal**, Head of the Samvad Center explained about 'SAMVAD – The Happiness Center,' which is an initiative towards the positive mental



health by Gujarat Technological University. Samvad focuses on 'Prevention is better than cure' where Social, Psychological, Emotional and Academic need of the students and staff members are taken care of with conduction of various awareness programs.



The center caters to diverse mental health need of individuals of all age and groups and help them in clarifying the issues, exploring options, developing strategies, and increasing self-awareness. Numerous services available at Samvad center:

- Brief psychotherapy of Anger & Stress management
- Interpersonal relationship issue
- Parent guidance and training of Family and marital therapy
- Trauma and crisis management
- Brief counselling of Stress and lifestyle management
- Mental health promotion
- Cognitive behaviour therapy

## *Medicinal Plants Garden*

Next visit of the students was at Medicinal Plants Garden, where students saw many medicinal plants available in the herbal garden which helps them in identifying and knowing the medicinal values of natural products those are being used in commercial market. Medicinal plants such as Aloe, Tulsi, Neem, Turmeric and Ginger cure several common ailments. Lemongrass tea made by extraction with water provides a soothing effect to the throat.





## *Major Dhyan Chand Gym*

At the end, students visited Major Dhyan Chand Gym, where **Dr. A. H. Gohil, Gymnasium In charge officer, GTU** explained about the high-tech Gymnasium of GTU Chandkheda Campus. It was inaugurated on 29<sup>th</sup> August 2020 on Major Dhyan Chand's Birthday. It has state-of-the-art facilities for gym, cardio, and group exercises. GTU employees, students, GTU affiliated institutions' students and international students make extensive use of the gym to keep themselves healthy and fit.



Overall, it was informative visit for all the students. **Dr. Pulkit Trivedi, Assistant Professor, GSMS** coordinated the visit.

