



**GRADUATE SCHOOL OF MANAGEMENT STUDIES, GTU
ORGANIZED
GARBA WORKSHOP
FROM 22ND SEPTEMBER, 2022 TO 25TH SEPTEMBER, 2022**

Gujarat is known as the land of Garba and to sustain the rich culture of Gujarat, GSMS-GTU organized a Garba workshop for four days. The main objective was to enrich students with various styles of Garba, to keep their enthusiasm high and intact and also to nurture their physical strength. Apart from classroom activities and project assignments, mental diversions are equally important in everyone's life and the workshop has proved as a successful assignment in helping students energize themselves to the core.

70 plus students registered for the workshop followed by their scrutiny on the first day based on the basic steps of Garba. Only those students who were able to perform the basic steps were selected for the training purpose. The first day began with the traditional Garba styles – ek taali (One-clap), do taali (Two-claps) and teen taali (Three-claps) wherein students were taught with the basic training of right ways to use their hands and legs with the proper coordination and music synchronization.

The second day started with the revision of the first day and introducing the most famous style – dhodhiyu which is all about proper bends and covering the space. Garba players enjoy playing this style when the music is on a medium to fast pace. The third day started with the revision of the first two days and introducing another loved style – popatiyu which is about taking proper dips and opening your hands wide open to moving them up-down.

Playing Garba is all about grace and through this workshop, students were able to learn the techniques of a graceful garba. E-certificate was also issued to all the participants.

Few glimpses of GARBA WORKSHOP - 2022





