



Gujarat Technological University

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GTU School of Management Studies

Report on "AARADHYA 2025 – Garba Workshop"

1) **Title of Event:** AARADHYA 2025 – Garba Workshop

2) **Type of Event:** Cultural Event

3) **Date, Time and Venue of the Event:**

Date: 9th September to 19th September, 2025

Time: 4:30 PM – 6:30 PM

Venue: Acharya Chanakya Hall, GSMS

4) **Description of Event:**

- Continuing the successful legacy of AARADHYA, the Cultural Committee of GSMS organized AARADHYA 2025 – Garba Workshop to promote traditional Gujarati culture and encourage student participation in cultural activities during the Navratri season.
- The workshop aimed to provide structured Garba training to students while strengthening cultural bonding and inclusiveness among students from diverse academic programs and backgrounds. Along with cultural learning, the workshop also focused on improving physical fitness, rhythm sense, coordination, confidence, and stage performance skills.
- The sessions created a lively and festive learning environment where students could experience the spirit of Navratri while learning authentic Garba techniques.

Key Highlights of the Event:

- **Well-Structured Practice Schedule:** Regular Garba sessions were conducted daily from 4:30 PM to 6:30 PM, ensuring continuous practice and improvement.



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- **Higher Student Participation:** The workshop witnessed participation from approximately 60 students, showing increased interest compared to previous editions.
- **Energetic Learning Environment:** The training sessions were highly interactive and energetic, helping students learn Garba in an enjoyable and stress-free manner.
- **Strong Cultural Engagement:** Students actively participated and developed a deeper appreciation for Gujarati cultural traditions and Navratri celebrations.

5) Garba Expert and Training Details:

The workshop was conducted by Mr. Vrushank Patel from Rethink Dance Academy, who has over 12 years of experience in Garba training and choreography. He trained students with great enthusiasm and dedication, ensuring active engagement in every session.

The training included:

- Basic to advanced Garba step progression
- Rhythm and beat coordination
- Traditional and contemporary Garba styles
- Circle formations and group synchronization
- Stage presence and performance confidence

6) Number of Participants:

- Around 60 students from various PG programs of GTU actively participated in the workshop and attended sessions regularly with great enthusiasm.
- AARADHYA 2025 - Garba Workshop was successfully conducted and turned out to be highly engaging, well-participated, and culturally impactful. The workshop strengthened GSMS's tradition of promoting cultural learning along with academic development and successfully prepared students for festive cultural celebrations.



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7) Photographs of the Event:



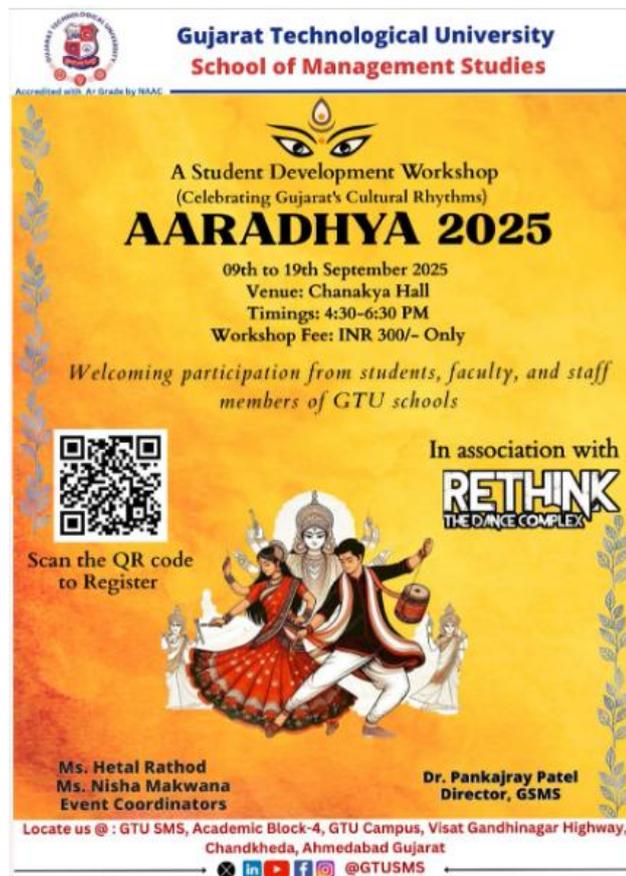


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8) Brochure or Flyer of the Event:

The official workshop announcement and registration brochure were circulated through official student communication channels and Google Form registration link.



9) Feedback on the Event:

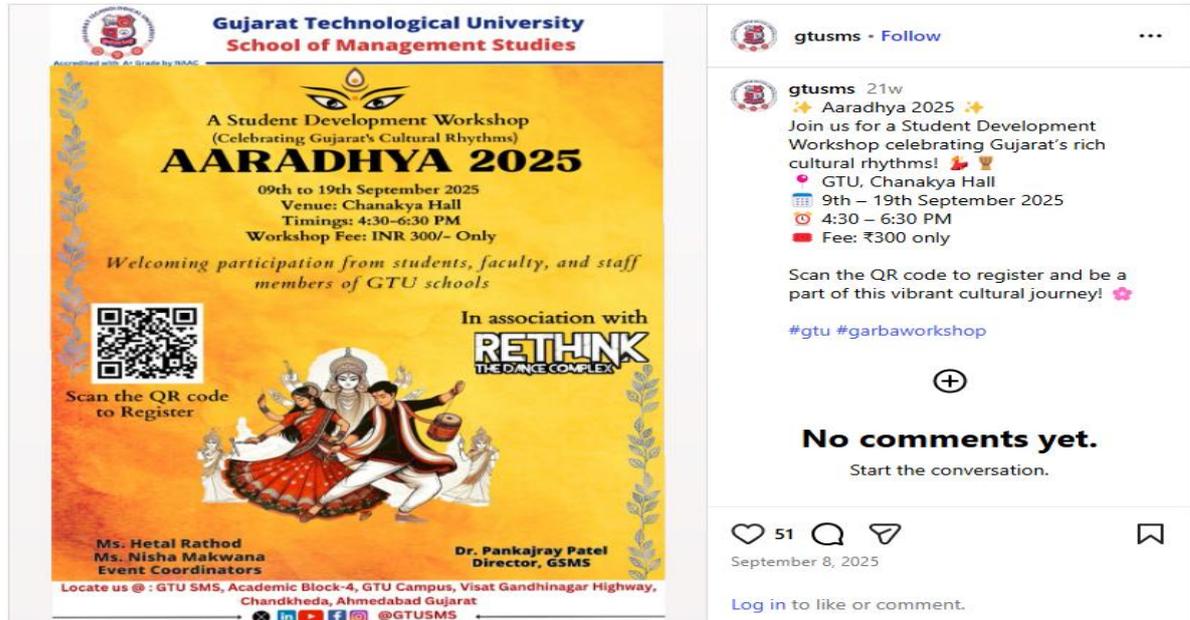
- The workshop received highly positive feedback from participants. Students appreciated the energetic teaching style of the instructor, structured training format, and opportunity to learn Garba in a professional yet enjoyable environment.
- The workshop proved to be highly engaging, skill-enhancing, and culturally enriching for students. It also helped in building stronger student interaction and community bonding within GSMS.



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10) Social Media Post:



Coordinator of Event:

Ms. Hetal Rathod

Ms. Nisha Makwana

Report Prepared By:

Student Cultural Committee Representatives (GSMS)